



# Stockton Adult Carers Support Service

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Carers Service Manager

# Our Offer to Carers



- Statutory carers assessments
- Person centred support planning
- Carers personal budgets
- One to one support
- Information and signposting
- Carers emergency card
- Newsletter and regular updates
- Facebook and Twitter
- Weekly/monthly peer support groups
- Drop in sessions
- Time Out Support Service
- Peer support development
- Carers education sessions
- Support for employers on request
- Welfare calls
- Support for other organisations to increase their support for adult carers
- Online services and support



# Time Out Service

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- Up to 8 hours per month free support for the carer to have a break from their caring role
- No domiciliary care
- Ad hoc support for the carer to ensure they can continue in their caring role

# Carers Emergency Card

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## Carers Emergency Card

Frequently  
Asked  
Questions



**What is a carers emergency card?**

- Each with a carers contingency planning document
- Line covered 24 hours a day 7 days per week
- Plans to link the card to track care to support with emergency admissions



# Support with Hospital Discharge

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- Information and signposting
- Provision of Carers Information packs
- Links with VCSE organisations
  
- **Experience of carers when the cared for is admitted/discharged**
  
- **Experience of the carers when they themselves are admitted/discharged**



# Links with Hospital

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- Pilot of hospital based Carers Advisor
- Positive outcomes
- Links with individual wards
- Education and awareness raising for hospital employees
- Support for carers at the point of crisis